

12-1-1931

## Osteopathic Digest (December 1, 1931)

Philadelphia College of Osteopathy

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# Osteopathic Digest

Vol. 5, No. 3

Published by the PHILADELPHIA COLLEGE OF OSTEOPATHY Monthly During the College Year.

December 1st, 1931

## THORBURN SPEAKS TO PHILA. OSTEOPATHS

New Yorker Guest at Faculty-County Meet

### STERRETT FILMS NOT SHOWN

Owing to the length of the County Society Meeting, the educational film produced by Dr. H. Willard Sterrett could not be shown. Many were disappointed. However, Dr. Sterrett will be asked to give a complete showing of his interesting films at a future date.

The feature of this meeting was the paper by Dr. Donald B. Thorburn, of New York, on "Mechanical Derangements of the Intestinal Tract and Their Osteopathic Treatment," in the presentation of which Dr. Lloyd and Dr. Jacobson collaborated. Dr. Lloyd first showed and discussed a number of slides giving pictures of the colon under various conditions, normal and pathological, a test meal of barium being used in each case. The last of these excellent pictures represented a severe case of true colitis.

Dr. Thorburn first discussed the nature of the intestine and its method of activation, including the mechanism of peristalsis and factors influencing it. He then took up intestinal contraction and its causes, among which are spinal lesions, nervous tension, shocks and irritation, as from excessive roughage in the diet. The effect, of course, is a mechanical hindrance to the passage of food, which not only dissipates the peristaltic wave but even reverses it with resultant vomiting. Another effect of the obstruction is the formation of fecal pockets, which quickly result in infection because of the toxins produced by putrefaction. These bring about a general systematic acidity, auto-intoxication and nervous disorders. Dr. Thorburn pointed out that respiratory affections, as well as phobias and other mental conditions, frequently owe their origin to intestinal contraction.

Skin irritations and localized pain are aids to diagnosis. The treatment of this condition is specific and consists in relaxing the contraction. Caution and gentleness are, of course, important at first and it is well to first administer castor oil to rid the intestine

(Continued on Page 4, Col. 2)

## DR. E. H. FRITSCHÉ NOTED OSTEOPATH, DIES

Heart Disease Fatal to Former Director

Dr. Edward H. Fritsché, noted Philadelphia osteopath and former head of the chemistry department at the Philadelphia College of Osteopathy, died from heart disease in the office of his home at 1824 West Girard avenue, on Saturday, November 7. He was a native of Bethlehem, his parents being the late Charles and Elizabeth Fritsché. He was 50 years old.

Dr. Fritsché had complained of feeling ill, members of his family said. He collapsed when left alone for a few minutes by his son, Edward, Jr. A lifelong friend and neighbor, Dr. Leon F. Luberg, pronounced his colleague dead.

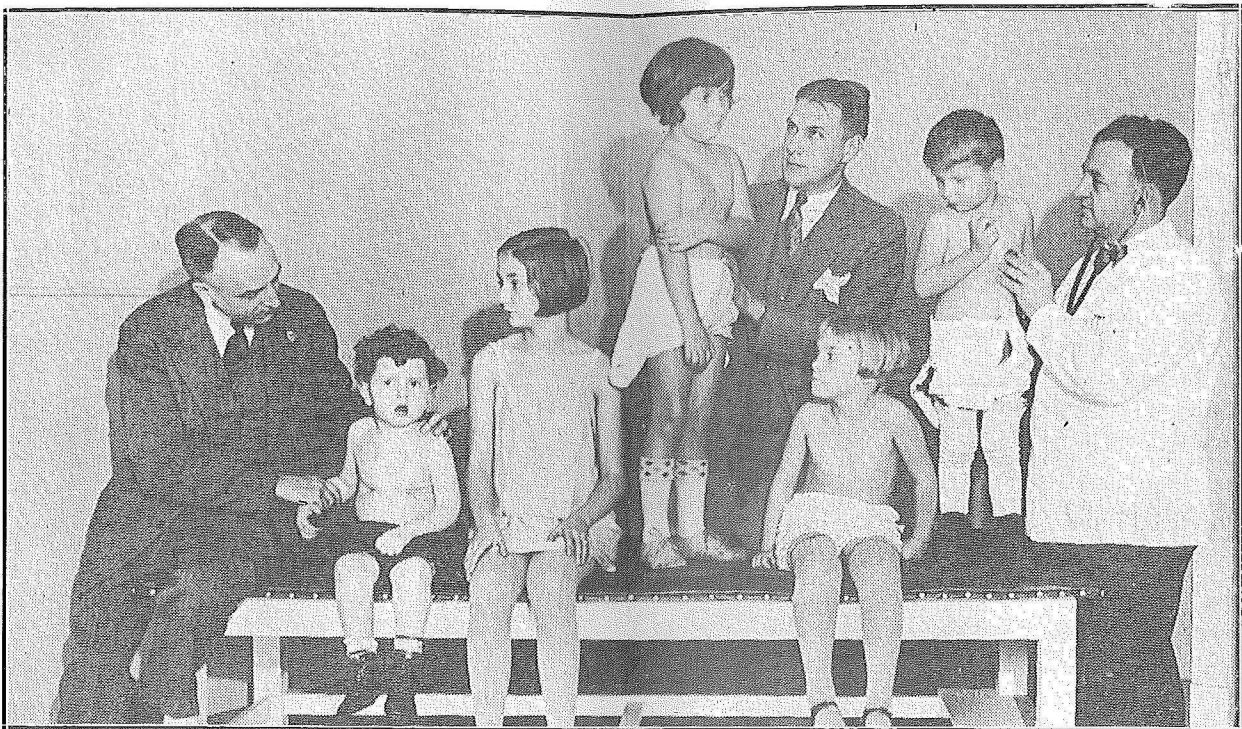
Dr. Fritsché was head of the department of chemistry at the Philadelphia College of Osteopathy for nearly 20 years. He retired from teaching two years ago to devote his entire time to practice. Dr. Fritsché was at one time a member of the Board of Directors of the College. He was a member of the Hospital Association and Hospital Staff.

Besides his wife and son, he is survived by two daughters, Mrs. Anna C. Hahn, who made her home with her parents, and Mrs. Elizabeth R. Scherer, of 1927 West Girard avenue.

Two sisters, Mrs. P. I. Lantz, of Bethlehem, and Mrs. Edw. Heckman, of Elkins Park, also survive. Dr. Fritsché was a 32d degree Mason.

### IT'S A GIRL

A small parcel which was later to be named Sally, arrived at 1 A. M., October 23, at the home of Dr. and Mrs. Robert W. Stollery in Summit, N. J., and we certainly send our heartiest congratulations.



A view in the new Pediatrics Clinic at 19th and Spring Garden Streets, showing a typical group of children. Over 100 children are treated every clinic day. Photo shows (left to right) Dr. Ira Drew, Chief of Clinic Staff, Dr. Leo Wagner and Dr. Harold Lyman.

## COACH HARMAN AT STUDENT ASSEMBLY

Penn Football "Professor" In Sports Talk

COL. FRANK, BLIND LEADER ALSO A SPEAKER

Harvey Harmon, the new football coach at the University of Pennsylvania, was the principal speaker at our Student Assembly on November 10. Mr. Harmon's genial nature and impressive personality should make him a successful and popular coach, eminently fitted to develop the right spirit in a group of young men. His very interesting address was interspersed with numerous amusing anecdotes about incidents on the football field, many of which served to emphasize the qualities he is trying to instill into his players at Penn.

In speaking of college athletics, Mr. Harmon said that while sometimes too much emphasis is perhaps placed upon the value of athletics in development of loyalty, teamwork, courage, etc., still no better laboratory than the football field can be found for the development of character. Physicians should be greatly interested in athletics and the development of physical perfection, not only in others but in themselves, for the average patient has little confidence in a doctor who does not himself look the picture of health. In the new system of athletics now in force at the University, much effort is made to encourage many students to play football, not in an effort to make the "varsity," but for the fun of it and for the benefits and training to be obtained from it. Eight hundred students are taking part there, requiring the services of six extra coaches in addition to the regular coaching staff. Part

(Continued on Page 4, Col. 1)

## 8TH ANNUAL CARD PARTY SUCCESSFUL

400 Attend Auxiliary Affair

Four hundred people constituted the official number of guests who occupied 100 tables at the Bellevue-Stratford Hotel on Saturday afternoon, November 7, when the Women's Auxiliary of the Osteopathic Hospital held their eighth annual card party.

One of the unusual and outstanding features of this year's program, arranged by Miss Mary O. Thomas, chairlady of the card committee, was the awarding of a prize to each of the winners at the 100 tables of play.

Mrs. Lydia I. Duque, noted social leader and president of the large organization, with Mrs. Edgar O. Doyle, vice president, had arranged a very elaborate program in conjunction with the regular bridge playing.

One of the largest crowds in the history of the organization helped to make this eighth annual meeting both interesting and profitable for the much-needed hospital fund to take care of the needy and problems of the new Osteopathic Hospital.

## ALUMNI TO HOLD ANNUAL CLINIC DAY

Graduate Study Afforded Field Doctors

SATURDAY, JAN. 9, DATE SET

Alumni Clinic Day will be held on Saturday, January 9, 1932, in the clinic of the Philadelphia College of Osteopathy. This Annual Clinic will be given under the auspices of the general Alumni Association, and in line with the type of graduate educational activity engaged in by some of the leading alumni associations.

The program on this year's Alumni Day Clinic will be characterized by practical work of the type that should be of interest to every osteopath no matter what his specialty might be.

The program committee, consisting of Drs. F. C. True, Paul T. Lloyd and Guy W. Merryman, will have charge of the general arrangements.

The Inter-fraternity Basketball Championship will be held on Friday, January 8, the evening prior to Alumni Clinic Day.

The program follows: Diagnosis, 9 A. M. to 10.30 A. M.; Pediatric, 10.30 A. M. to 12 Noon; Osteopathic Research, 1.30 P. M. to 3 P. M., and Genito-Urinary Work, 3 P. M. to 4 P. M.

## REGISTERED NURSES GRADUATED DEC. 1st

Miss Elizabeth Miller, R.N., State Dept., Gives the Address

The graduation of registered nurses of the Osteopathic Hospital took place on Tuesday night, December 1, in the college auditorium. Two students received their diplomas.

Miss Dorothy Thorp, 23, from Geneva, New York, and Miss Frances Melville, 21, from Cardinal, Canada, are the two young women who received their diplomas from Mr. Russell Duane, President of the Board of Directors.

Dr. Floyd W. Tompkins, pastor of the Church of the Holy Trinity, Rittenhouse Square, gave the invocation and benediction. Miss Elizabeth Miller, secretary of the State Board of Examiners for Registration of Nurses, made the principal address.

### COMING EVENTS

- December 10: Inter-Class Swimming Championship.
- December 11: Albright Basketball at Home.
- December 16: Inter-Class Basketball Championship.
- December 17: A. A. and Christmas Meeting.
- December 19: Christmas Recess begins, 12 M.
- January 4: Christmas Recess ends, 8 A. M.
- January 8: Inter-Fraternity Basketball Championship.
- January 9: Alumni Clinic Day. P. C. O. Meets Drexel Institute, 8 P. M.

## DR. O. GALBREATH RESTORES SIGHT

Patient Blind 5 Years Made to See

SPECIAL CLINIC TO BE CONDUCTED FOR AFFLICTED

Dr. Otis Galbreath, noted eye specialist of the Osteopathic Hospital, completed another record in his miracle of recoveries by restoring eyesight to Thomas F. Cummings, Seaside, N. J., who had been partially blind for the last five years.

Mr. Cummings' condition was near total blindness and was referred to Dr. Galbreath who has been practicing osteopathy in Pennsylvania for many years. After a series of treatments the remarkable change proved most encouraging with the result that his eyesight was fully restored. He can now read without the aid of glasses.

Dr. Galbreath has been most successful in treating people partially blind, and his results have already been noted by all the eye specialists in the United States.

## DR. FRANK SMITH DREXEL DOCTOR

Dr. Frank Smith is the physician at Drexel Institute for its athletic teams. These teams include the groups engaged in football, basketball and baseball.

Incidentally, Drexel's football team came through the season with but one defeat.

## WILMINGTON CHURCH OPENS FREE OSTEOPATHIC CLINIC

A free osteopathic clinic was opened at St. Paul's M. E. Church, Wilmington, Delaware, on November 17. Decision to establish this service for the unemployed and persons without sufficient means to obtain osteopathic attention in the regular way, was made unanimously at a meeting of the official board of the church.

This new public osteopathic clinic will be under the direction of Dr. John C. Bradford, who has been practicing in Wilmington during the past three years. Dr. J. W. Allen, a specialist in rectal diseases, has offered his services free to assist Dr. Bradford every Tuesday afternoon from 4 to 6 and evenings from 7 to 8 o'clock, and Dr. G. F. Nason will serve in the same way for X-ray work, his specialty. Nurses also will be in attendance to assist the physicians.

Besides general diseases the clinic will take care of varicose veins, and ear, nose and throat trouble. An out-patient department for maternity cases also will be an unusual feature. Men,

## DR. PENNOCK IN AUTO SMASH-UP

Chief-of-Staff Slightly Injured

HAD RECENTLY BEEN PATIENT IN OSTEOPATHIC HOSPITAL

Dr. David S. Brown Pennock, Chief of the Hospital Staff, was injured in an automobile accident on Saturday afternoon, November 21, at 3 P. M. Driving past the intersection at Washington lane and City Line avenue, Dr. Pennock, in attempting to avoid a collision with a car operated by Richard Young, Jr., hit a stone pillar at the corner of the intersection. Dr. Pennock was on his way to the George School at which institution his son was to play in a soccer game.

Dr. Pennock was rushed to the Jewish Hospital when it was found that he suffered from shock and had sustained a scalp wound and a broken left leg. Since the accident his condition is improved.

Dr. Pennock is under the present care of Dr. Temple Fay, head of the neuro-surgical staff. Dr. Charles H. Frazier, of the University of Pennsylvania was also in consultation.

Just recently, Dr. Pennock submitted to a tonsilectomy at the Osteopathic Hospital.

His many friends wish him a rapid recovery.

## OUT-PATIENT O.B.S. CLINIC TO BE INAUGURATED

Four services will be established in the new out-patient obstetrical service. Each service will extend for two months and the four services will be in operation during the entire college year. A summer service will be arranged to suit the vacation period.

The four services will be conducted by Drs. Evans, Street, Gruber and Aceton.

The fund for these services was established by the class of 1933. Donations toward this fund are receivable and during October amounted to \$25.

Arrangements have been made with the Lloyd Committee for Unemployment Relief to care for cases in the West Philadelphia district.

With this new service obstetrical patients will be cared for in either the home or hospital.

## DR. NELSON INVITED AS TECHNIQUE SPEAKER

Dr. C. Haddon Soden's trip to New Haven on November 14 resulted in a visit with Dr. S. L. Gants, where Dr. F. C. Nelson, Malden, Massachusetts lectured on a demonstrated foot technique.

Dr. Soden was so favorably impressed with the work of Dr. Nelson that he invited him to visit our college to lecture on and to demonstrate his technique to the Technician's Staff and Senior and Junior students.

Dr. Nelson's visit will probably be arranged for February.

VARSITY BASKETBALL MEETS ALBRIGHT COLLEGE, FRI. DEC. 11, AT 52 ST. "Y". SEE YOU THERE AT 9 P. M.



## OSTEOPATHIC DIGEST

The Official Bulletin of the  
Philadelphia College of Osteopathy  
48th and Spruce Streets, Philadelphia, Pa.

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## ADVERTISING RATES

One Page . . . \$100.00 Quarter Page . . \$40.00  
Half Page . . . 75.00 Column Inch . . 1.50  
Subscription Price, \$1.00 per Year

## WITH THE EDITORS

THE American Osteopathic Association is making an effort to establish a Student Loan Fund which is to be a help for every Osteopathic College. To inaugurate this fund, Student Loan Christmas Seals have been issued and will be placed on sale in the osteopathic colleges.

An advisory committee composed of official representatives for each recognized osteopathic college will help in the working out of the proposed plan.

THE public judges and evaluates a profession, not by its scientific attainment, but by the men and women who are in that profession. In most affairs of life, personality is placed foremost.

Many professions have come into disfavor because of the personality and conduct of its members. The profession of law for example has been invaded by mercenary individuals who have apparent disregard for law. Such individuals in a profession, even though comparatively few in number, exert an unfavorable influence on the entire association.

The healing arts profession probably ranks first among the professions that need guardianship against the possibility of falling into disfavor. The public must have faith in this profession if the profession is to function efficiently. Just as the profession of law must rid itself of "shysters" so also must the healing art profession rid itself of "quacks" whether these quacks be medics, chiropractors, pow-wow doctors, naturopaths or osteopathic physicians.

The purpose of this editorial is not to argue the relative values of the various cults in the practice of healing. The point to be made is that each profession must maintain a standard of ethics and a corps of men whose professional deportment cannot be questioned.

It therefore behooves every technical or professional school to emphasize professional deportment as an ultra-desideratum. A medical college for example, that issues a diploma to an individual of poor character is doing an injustice to the entire medical profession. Similarly our own college should consider character, ethics and general professional conduct as part of the equipment of every student before a seal of approval is affixed to the diploma.

For this reason it is of paramount importance that our college carefully judge the character and conduct of the students. The college curriculum should be so planned and so conducted that activities of an unprofessional character be minimized or entirely removed. Ordinary collegiate routine has no place in a professional college. A professional college is an institution of mature adult minds. Infantile minds are out of place in such institutions. Theirs are relegated to the preparatory schools and private academies where principals rule as old-time schoolmasters.

It might be wise to grade our students in "professional deportment" for the four or more years they are with us. Any student who could not obtain a 75 per cent grade in such an evaluation should not be entitled to certification from our college. A man may be a 95 per cent student in his college subjects and yet be addicted to liquor, women and song. He may shoot crap between classes. He may associate with unprofessional men in an unprofessional manner. He may use unethical publicity in the way of newspaper advertisement, etc. in order to gain personal glory. He may have a tendency to "cheat".

We hold back men with physical defects—why not men with defective characters? Why not break away from the high school and elementary college attitude and be professional?—R. C. E.

## DIGESTING THE NEWS

High recognition for the science of osteopathy has recently been reported. The Montreal Star publishes the following despatch from Philadelphia:

"Sir William Stanton Woods, physician to the King, arrived in Philadelphia from London today to 'brush up on osteopathy.' He said that very little was known of the profession in Britain and that he hoped to learn enough here to continue his studies more intelligently at home.

"The King?" he said. 'His Majesty is a most admirable patient, a perfect patient—but I wish you wouldn't mention him. It doesn't seem proper to mention his Majesty in this way. Anyway, his Majesty has fully recovered.'

In the light of such an announcement, it is opportune to remind Premier Henry that, for the welfare of suffering humanity, osteopathy is entitled to larger recognition than it now receives under Ontario legislation. Under the pressure of certain interests it has been impeded and retarded, despite the high educational standards imposed in osteopathy, and despite its more general use even under handicaps. It is well known that several members of the Royal family have received osteopathic treatment for years, and that it is used by many leaders in public life in this country and elsewhere.—Toronto Globe.

In the State hospital at Oklahoma City lay a patient critically ill. She was Mrs. W. O. Burgett and her husband desired the services of a licensed Chiropractor. The superintendent of the hospital refused the request of Mr. Burgett.

Thereupon the case was taken directly to Governor Murray who issued an executive order directing that the husband and friends of Mrs. Burgett might have the services of any Chiropractor they chose. This is the action which precipitated such a furor in the ranks of the medical profession.

The hospital to which Dr. O. S. Witt, of the Carver Chiropractic College, was admitted is the University Hospital of the Oklahoma Medical School. The action of the medical school was immediate and drastic. Dr. LeRoy Long, Dean of the Medical School, declared that the hospital would be abandoned by the medical profession unless Governor Murray rescinded his order.

He threatened that the entire faculty would resign if Governor Murray's order remained in effect. This would mean the closing of the medical school. In reply Governor Murray, according to the Oklahoma News, stated that "Dr. Long's resignation would be a damned good thing." He said he already had formulated plans to replace the entire faculty. "The world is too full of good physicians to give any consideration to Long or anyone else in that institution."

Governor Murray with characteristic directness brushed aside the maze of medical arguments and said, "the hospital does not belong to the doctors. It belongs to the people." \* \* \* "The hospital is a public institution and should admit all physicians, surgeons and other persons having remedies recognized and licensed by law."

The argument of the medical school was that according to the rules of the American Medical Association the hospital would lose its rating in the American Association of Hospitals and the American College of Surgeons if such an action as that taken by the Governor were enforced generally.

This, of course, would mean that according to the rules of organized medicine the graduates of the Oklahoma medical school would not be recognized in other states. In reply Governor Murray says, "which should come first, the medical association or the government?"

An interesting sidelight on the controversy lies in the visit of a senior medical student representing 47 seniors in the medical school. He pleaded with the Governor, saying that the investment of these students already amounted to \$141,000 to say nothing of the years of time in study and preparation.

He was advised by the executive office, however, that the order would stand. The student requested that Governor Murray extend to July 1, next year, the effect of his executive order directing that a Chiropractor be admitted to the hospital to treat Mrs. Burgett.

What mattered it that the patient was critically ill, what mattered it that her constitutional rights were being abridged? The one thing and the only thing that this student saw was that he and others in his class might not have their welfare placed in jeopardy. Let this woman, desperately ill, wait

A HISTORY OF  
OSTEOPATHY

By Fred Long

In the ordinary reactions of environment and especially in those reactions which are instinctive (self-preservation and reproduction) there has been a general unity through space and time. The mind of the primitive man and the savage and, therefore, probably prehistoric man as well has invariably taken the lines of least resistance when dealing with hostile forces. This holds as well for the primitive minds today. These reactions have been characterized by an inertia, a fear of change, and an aversion to the untried and unknowable which is still manifest today, even by the so-called "civilized" mind.

The tendencies of folk-medicine and ancient medicine have been alike, and records from sources widely scattered in time and location indicate it to be largely an affair of charms and spells, plant-lore, and psychotherapy. Whether these identical tendencies developed spontaneously as "elemental ideas" in parts separated in space and time, or were transmitted from one people to another is relatively unimportant for our consideration. The fact of convergence to a common point of unity is well established and constitutes the central point at which to begin our story of the battle against disease.

The common point of convergence in all medical folk-lore was animism. This was the notion that the earth swarmed with invisible spirits which were the cause of disease and death. In this way primitive medicine was inseparable from religious belief. Medicine in the primitive state was only one phase of a set of magic or mystic processes to promote general well-being, chiefly centered in averting the wrath of angered gods, fire-making, rain-making, fertilizing the soil, aiding crops, averting epidemics, etc. These powers were centered in one god, spirit, or man and constituted "making medicine."

Savage man of prehistoric time as primitive man today was probably awed by thunder, lightning, the flicker of sunlight and firelight, and the shadows caused by them. He could see no relation between the object and its shadows, sound and its echo, flowing water and the reflections in it. Wind, clouds and stars were to him the visible signs of malevolent gods, demons, or spirits. The natural was to him supernatural. His worship was the worship of these natural things which he feared and would propitiate. He worshipped the sun, moon, stars, trees, rivers, winds, cats, dogs, etc. Later he worshipped carved images of some of these and thus his religion passed from nature worship to fetish worship. He in his state, as we in ours, worshipped forces which he could not understand, which he feared, and whose favor he wished to gain.

a year until he and his classmates were graduated and then permit the Chiropractor to attend her.

The controversy has attracted the attention of newspapers not only in Oklahoma, but all over the United States. The Oklahoma News of July 29 carried a streamer heading at the top of the first page.

Featured stories were also carried for days in the Oklahoma City Times, The Daily Oklahoman The Tulsa Daily World, The Tulsa Tribune and many other papers.

Ask the average citizen if he realizes that when he goes as a patient to a hospital he has helped build and support, he is compelled, under the hospital rules, to select his doctor from among a limited list approved by the hospital board.

This is something he has never realized. He has learned to think of the medical profession as an altruistic group of men who are concerned in giving patients every possible aid.

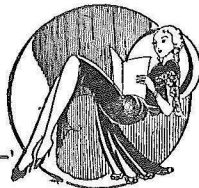
It is difficult for him to believe that the American Medical Association wields such tremendous political power that it can deny the free citizens of a free country their constitutional rights. This entire controversy again calls to our attention the necessity of Chiropractors organizing a militant program to open the hospitals all over the country.

Let their slogan be: "Hospitals built and supported by the people belong to the people."

Governor Murray did a courageous thing. He is entitled to the commendation of every Chiropractor, every Osteopath, every physician and every patient. Daniel J. Mulcahy, in "Plain Talk Magazine."

THE SPINAL  
COLUMN

By RUSSELL C. ERB



## "A MERRY CHRISTMAS"

SOMEONE with a mathematical bend of mind said "Christmas comes but once a year." And this is the only thing about Christmas that makes father feel happy. In other forms of happiness it is the woman who pays. But at Christmas time, it's papa.

Wives and sweethearts (and many papas have both) are now engaged in making the so-called Christmas lists and watching the corners of newspapers to see how many more shopping days they will have for their plunder. Dad is trying to boom his business by buying at depression prices and selling at prosperity prices. He is playing more golf to get away from the thought of neckties and handkerchiefs waiting for him as "receipts" on Christmas morning.

It will make Aunt Emma so happy if she receives an electric grill, nicely chromium plated, et cetera, and to this father must smile to register the Christmas spirit. He is thinking of the first of the month when the mail men will deliver letters with windows in them.

The "Missus" thinks a vanity and cosmetic set for cousin Lulu will be just the thing. Dad feels that this may improve her appearance but it certainly will disfigure his bank roll.

At Christmas time the easiest way to convince the wife that she is wrong is to agree with her.

Every day mother buys steel engraved Christmas cards from the (door to door) unfortunates, who are out of work.

Dad must arrange for petty cash to buy the postage stamps plus tubercular seals for every envelope. As he licks the glue on every stamp he curses sentiment.

If he is an osteopath he must extend Christmas Wishes to his patients two weeks in advance. For this he may receive cheap gifts wrapped with colored tissue and twine, when instead he should be receiving payment for treatments given a month ago.

He reminds his wife to go easy, that the depression is on and that even Santa Claus will lay off two of his reindeers. But she is talking about the "uplifting" spirit and wants to know if Uncle Ezra should get black or red suspenders.

For one solid week before the holiday season, radio crooners sing Christmas Carols, announce the correct time and remind you that the mechanical toys on the 7th floor are delighting the children.

'Tis the night before Christmas. Father has been working all day hanging wreaths and opening the door for the delivery trucks. His only hope is that someone will give him a box of good cigars.

The children are put to bed and dad assumes the rôle of a whiskerless Santa Claus. With a saw, hammer and nails, he hammers and works on the Christmas Tree while someone on the radio sings,—Silent Night. At eleven when the balls and mazdas are all hung, the wife discovers she forgot to buy nuts. So dad slips into his coat and calls at a dozen grocery stores to find each and every one sold out. On the way home he is lucky enough to get a pound of hickory nuts at the corner drug store.

He gets to bed just as the kids are getting awake. Ho-Hum!

Christmas morning is a grand festivity of opening packages. Tissue paper on all sides of dad, but none of the tissue has practical use—dad must burn it later.

After things are cleared away, dad finds a small package marked "To Dad from Mother." He opens it while mother looks on and beams. He finds it is a wrist watch. He kisses her as a matter of form, wishes her a Merry Christmas and mentally adds \$35 to his expense account.

Why can't we all be osteopaths at Christmas? Then we can wring the wife's neck and blame it on a lesion.

But when all is said and done, Christmas is not a bad time of the year after all.

We predict this year's holiday a merry success, with the weather so Christmasy and cold that the apple sellers will merge with the chestnut venders to keep warm.

Merry Christmas to you, and may your cigars burn evenly.

—Coccyx.



# THE CASE OF THE MONTH

## OSTEOPATHIC HOSPITAL CASES OF INTEREST

THIS IS THE THIRD OF A SERIES OF CASES THE DIGEST WILL PUBLISH.

The doors of osteopathic therapy opened one evening for an old gentleman of more than three score years and ten. This man appeared to be a poorly nourished individual and he complained of inability to prevent regurgitation of food which he had often swallowed several hours and sometimes two days previously. This symptom he had been conscious of for the past 15 years, during which time several physicians had examined and prescribed with no apparent change in

findings. The cervical lymph glands were somewhat enlarged and easily palpated. The ribs were prominent, with retraction of the skin over the thoracic cage. No physical evidence of pulmonary disease was noted. The abdominal muscle tone was poor with no palpable masses present. Laboratory analysis of the urine showed the specific gravity to be 1.020; reaction, acid; albumin and sugar, negative; casts, negative; blood, negative; pus cells, negative. Blood exam-

sonal history was negative, and the family history revealed no pertinent facts except that one parent died of pulmonary tuberculosis at 44 years of age.

Based upon the clinical symptoms presented, the patient was submitted to fluoroscopic and radiographic study of the upper gastro-intestinal tract employing an opaque meal as contract media. The following are the findings elicited by means of the Roentgen ray:

"Barium administered with the patient under the fluoroscopic screen, shows a large diverticulum present in the upper portion of the esophagus. The upper limit of the sac is at a level with the seventh cervical vertebra, the lower limit at the fourth dorsal vertebra. As the patient swallowed the barium mixture the diverticular sac filled immediately with scarcely any of the opaque solution passing down the esophagus to the stomach until the sac was almost completely filled, at which time inability on the part of the patient to take any of the solution was marked, and attended by coughing and great discomfort. Sufficient opaque mixture entered the stomach to afford a rather limited gastric examination under the screen, though routine study of the stomach was impossible. The patient was able to evacuate the diverticulum almost completely by change of posture and induced coughing. Diagnosis: Large esophageal diverticulum located in the upper portion of the esophagus."

The accompanying picture serves to demonstrate the findings noted above. This study was made in a left oblique position so that the esophageal structure is shown somewhat away from the bony spine. The large diverticulum is seen to contain opaque solution and a very slight amount of the meal may be noted passing through the lower esophageal canal as a thin streak near the spinal column, indicated by arrows.

Esophageal diverticula may be of two kinds, those due to pressure from within or pulsion diverticula, and those due to traction from without or traction diverticula. A pressure diverticulum may occur as the result of inflammation or injury. Due to the weakness of the esophageal wall, a portion of it bulges out, thus forming a sac, protruding through the muscular coat. Small particles of food find their way into this pouch and gradually it becomes enlarged, projecting downward. Dysphagia, fetor of the breath and

regurgitation from time to time of the foul, decomposing, alkaline contents of the sac constitute diagnostic symptomatology. The traction type of diverticula rarely exceeds a few centimeters in diameter and may present no symptoms unless perforation occurs. The etiology of this type consists chiefly of a local inflammatory process followed by ulceration with consequent formation of cicatrices which by their contraction draw on the esophagus.

In esophageal diverticula the prognosis is serious, since inanition or perforation into the mediastinum or pleura may result fatally.

In the case of diverticulum under discussion, representing the pulsion type, surgical intervention was deemed wise in order to prevent starvation, so a gastrostomy was performed. The surgical findings in the gross were: Adhesions between the omentum and parietal peritoneum; hypervascularity of the abdominal wall; stomach about one-fourth its normal size; and a mass present in the cardiac end of the stomach. Incidentally, this mass appeared to be neoplastic in nature, complicating an already existing pathologic picture.

Due to the unfavorable physical status of the patient, the 15 years of partial starvation, and handicapped by senility, he lived only several weeks following hospitalization and succumbed a victim to that Power—the combat of which engages our lifelong energies—Disease.

### DR. MCCOLE WRITES NEW TEXTBOOK

Dr. George M. McCole, Great Falls, Mont., has prepared a manuscript for a textbook entitled "A Handbook of the Spine and Osteopathic Spinal Lesion." A number of the men on the faculty of the Philadelphia College of Osteopathy are reviewing the manuscript. Reports to date indicate that these reviewers are passing favorable comment on this unusual osteopathic work.

The Sandy Run Country Club, Camp Hill, Pa., has extended courtesy cards entitling members of the faculty to the use of their splendid golf course.

### WHO'S WHO



#### DR. FRANCOIS D'ELISCU

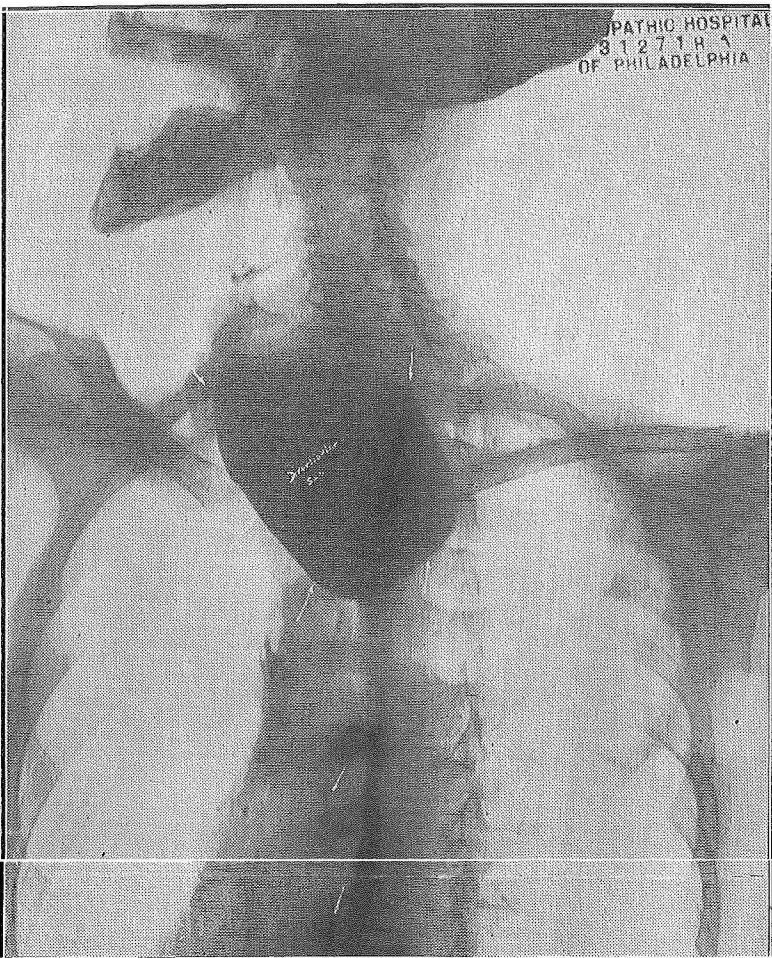
Dr. Francois D'Eliscu, traveler, sportsman, lecturer, and now physician, after completing his work at the University of Tokio, is back as Director of Athletics and Publicity for the college. He specialized in physical and health education to receive his D. P. E. degree, and now his medical degree.

Back in the old days, the radio fans were accustomed to hearing his voice over Station WIP. He later continued with Station JOBK in Japan.

As assistant manager of the Sesqui-centennial stadium Dr. D'Eliscu officially announced the Dempsey-Tunney fight and also assisted in staging the largest athletic program in the history of local sports.

In 1928, the genial doctor was assistant manager of the American Olympic Swimming Team which won the men's and women's international title. Aside from this work, his officiating in national and international sports both here and abroad; organizing play centers in France; teaching and lecturing on health education in nearly all countries including the Orient; and in the promotion of sports; were only a few things of his many experiences.

As a special writer for the Honolulu Star-Bulletin his international contacts with celebrities and enterprises and travels has given him a wordly experience for his work that he left six years ago.



Roentgenogram Showing Diverticular Sac Filled with Opaque Media\*

the condition. Emaciation becoming more marked, and practical inanition resulting from the constant inability to retain swallowed food, the point had been reached when hospitalization was no longer a matter of choice.

Physical examination follows: Patient, male, age, 74. Temperature, 97.4 degrees. Pulse 85. Respiration, 25. The tongue was coated, presenting a grayish-white appearance. All teeth had been previously extracted. The buccal cavity presented no other posi-

tion revealed Hb 65 per cent.; coagulation time two and one-half minutes; erythrocytes 3,830,000; leucocytes 8,550; lymphocytes 30 per cent.; large mononuclears one per cent.; transitional one per cent.; polynuclear neutrophils 67 per cent.; eosinophils one per cent. Other than the disturbance in deglutition the patient's per-

\*The X-ray study is furnished through the courtesy of Dr. Paul T. Lloyd, radiologist.

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## ATHLETICALLY YOURS

By Dr. FRANCOIS D'ELISCU



Three hundred and fifty-eight men and women students of the college have taken advantage of the Y. M. C. A. privileges offered free to all members of the Athletic Association. This has proven popular. Have you your card?

Not to be outdone by the male students, our women have secured a very capable and noted coach in basketball and swimming. Mrs. Willard, formerly Edna Weil, one of Temple University's outstanding all-around athletes has been engaged to take charge of both teams. P. C. O. is to be represented this year by a "wahinie" basketball team and from all indications the girls are going to be very strong.

"Recreation for All" seemed to spread right to the hospital.

We now have FIFTY-ONE nurses of the Osteopathic Hospital members of the athletic association, and also learning to swim. They play at the Y. M. C. A. at 52d street every Thursday night under the direction of Dr. William "Reds" Ellis. The nurses are the most enthusiastic group of "paddlers" in the "Y" and if you doubt their interest just drop around and hear the shouting and gleeful screaming.

Harvey Harman, head football coach of the University of Pennsylvania, hit the nail right on the head when he said "That no team or business venture can be successful unless the right kind of enthusiasm, spirit and co-operation is given 100 per cent." Our present program of sports for all should satisfy even those who object to taking any exercise at all. The field, gymnasium, pool and activities are waiting for the students to use them with no charge to the student.

The Inter-Class Wrestling and Tennis tournament was a huge success. The large number of students in both inter-class activities showed the need for more intra-mural sports. They will be class activities showed the need for more intra-mural sports. They will be given plenty of opportunity before the year is completed.

The Dean, Dr. Edgar O. Holden, in presenting the tennis championship trophies to the winners and runners up reminded many of the old days when he

said, "Tennis has been a big sport in this college and Dr. Carl Fisher in winning the intercollegiate title won for this college national recognition. You too can do the same honor to yourself and college by sticking to the game."

The SOPHOMORE class is making all preparations to win the first Inter-Class swimming meet to be held on Thursday night, December 10, at the "Y." Eight events including a 220-yard freestyle have been arranged with a 20-yard freestyle for the girls and a special 20-yard freestyle event for the nurses. Entries close December 10.

Alie McWilliams and Bill Leopold, basketball coaches, have been working very hard with the men out almost every day. The large number of students who can play basketball and have not as yet made an appearance is disappointing. With a twelve-game schedule and the Freshmen already to play, it seems only fair that every man who has played and can play, come out. No excuse this year. Two of the BEST basketball coaches in the country, a PLACE that is convenient to play and practice, and every facility for the use of the student. Let us support our TWO COACHES!

The Meadowbrook games are to be held at Convention Hall on February 20, 1932. Years ago P. C. O. entered all these open events and always had a fair half or one mile relay. Dr. Fred Long, former track star and amiable coach, is anxious to have a large turnout for this meet. As soon as entry blanks are received practice will start in earnest.

Why not take your exercise in the same activity you competed at high school? It is not fair to yourself to STOP; neither good for your health nor disposition. JOIN at least one team for the SPORT and RECREATION!

Would like to hear from the old P. C. O. letter men. Where are you and are you connected with a high school or college? Let us hear from you so we can tell our students and other interested members of the faculty where you are located. Do it NOW!

This office has arranged to secure sweaters, sporting goods, and other athletic equipment at special prices. Are sweaters, sporting goods, and other athletic equipment at special prices. Are you planning to buy a college sweater for Christmas? Do you want a football, basketball, hockey skates, tennis racket, and special P. C. O. bathrobe? We can secure special discounts and have the material here for you. See the Athletic Office.

Now for the demand for a SOCCER TEAM! Believe it or not, BUT—here are the following sports for which this college has TEAMS! Basketball, varsity—freshman—women. Baseball, swimming, tennis, golf, fencing, wrestling and now SOCCER! From all indications the next FROSH class of 250 students will make it possible to add other activities. Then for another NEW BUILDING? No, cut the incoming class and spare the subscriptions!

Christmas holidays usually mean rest and lots of "eats." It is the most dangerous time in the history of an athlete's career. What he faithfully accomplishes is undone very quickly with overeating, no exercise and disinterest in the activity he left behind. Get back to school early and start your GYM work right from the beginning. KEEP ACTIVE!

### VARSITY BASKETBALL SCHEDULE FOR DECEMBER

Dec. 11—Albright.....Home  
Dec. 12—Washington College.....Away  
Dec. 16—Interclass Championship  
Dec. 18—Swarthmore.....Away  
(Complete schedule being mailed to Alumni.)

### DR. THORBURN SPEAKS

(Continued from Page 1, Col. 1)

of material. Heat is helpful in dissipating gas and a bland diet is indicated. Case management should also be stressed, for these patients are often highly sensitive, nervous tension representing the most fertile source of this condition.

Dr. Jacobson talked of some popular fallacies regarding the gastro-intestinal tract with particular reference to gastric acidity. This does not cause ulcer. Parathyroid extract has been found to cure ulceration and acts by increasing the quantity of calcium in the blood serum. He also stated that spastic colitis must be related to tetany which is in turn certainly related to the parathyroid and calcium metabolism.

In discussing Dr. Thorburn's talk, Dr. Rothmeyer pointed out that during examination time may students gave evidence of an irritated colon, proving the effect of nervous tension. A motility test with carmine is of great value. He also stated that ulcers may turn test with carmine is of great value. He also stated that ulcers may be due to a lowered resistance induced by a spinal lesion. It is likewise true that colitis is rarely found without inflammation of other mucus membrane. The lateness of the hour necessitated postponement of other parts of the program.

## OSTEOPATHY MEETS ALBRIGHT COLLEGE

### AT HOME—DECEMBER 11

#### GAME TO BE HELD AT "Y"

With but few weeks left of intensive training and practice, the varsity team under the direction and coaching of coaches Alie McWilliams and Bill Leopold, nationally known basketball mentors, will be ready for the opening game on Friday night, December 11, when the new P. C. O. five meets the strong quintet from Albright College.

Every effort has been made to give this year's five the best coaching, floor facilities, equipment and necessities to make the team comfortable and the prospects for more student participation.

P. C. O. will have a stronger team this year with the best coaching in the country. Their opening game with Albright College will be a severe test. Our boys will come through with the help of every student and faculty member there, cheering.

Fifteen men are still on the squad. Coaches McWilliams and Leopold are going to select the team before the first of next month, and then for the fireworks. The schedules for both teams as yet have not been completed but will be printed shortly.

A large crowd is expected for the opening game on Friday night, December 11, 1931. Don't forget the date! The game will start at NINE P. M. Plenty of time to complete all appointments!

### DR. STERRETT AT HEALTH DAY EXERCISES

Dr. H. Willard Sterrett, chief urologist at the Osteopathic Hospital, was the principal speaker at the Health Day Exercises held Thursday morning, November 19, at Hammonton, N. J., in the town hall.

Dr. Sterrett, who has delivered many lectures on subjects pertaining to health and its importance, chose as his topic for that day, "Warning Signals for and its importance, chose as his topic for that day, "Warning Signals for Everybody to Observe."

Dr. Sterrett pleaded with his audience to observe the seriousness of physical examinations, and stressed the importance of seeing a physician at least twice a year for a thorough physical examination.

## COACH HARMAN AT ASSEMBLY

(Continued from Page 1, Col. 2)

of the reward, too, for the hard work involved in football training is the knowledge that some day your college will have better teams as a result of it. One of the major benefits thus obtained from sports is an increased loyalty to your college. The spirit and enthusiasm of students and players alike for their team and college will make the team fight that much harder. An excellent illustration of that was Penn's unexpected victory over Wisconsin.

An interesting feature of this meeting was an address and demonstration by Colonel Frank, blind leader of the organization known as The Seeing Eye, Inc. This is an international philanthropic organization for the education of dogs as guides of the blind, and for the assistance and rehabilitation of the blind. It takes from three to four months to educate the dogs, all of them female German shepherd dogs, an unusually intelligent and adaptable type. With the aid of Buddy, the first of these animals to reach this country, Colonel Frank demonstrated how they lead their masters. He also appealed for a greater understanding of the problems of the blind, for they need this more than sympathy or charity.

Prizes were awarded by Dr. Holden to the winners of the interclass tennis tournament. These were Christensen in the singles, Christensen and Strecker in the doubles, and Ramsay and Root, runners up in the doubles.

An ideal Christmas gift. A book or a subscription to some magazine. We solicit subscriptions to all magazines for the benefit of the OSTEOPATHIC HOSPITAL. Please give us your orders, at the regular magazine prices. Orders taken by the Chairman of the Library Committee.

Books of Fiction, Mystery, History or Biography can be purchased through this agency.

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Dr. C. Haddon Soden, Professor of Osteopathic Technique, was the guest speaker at the Connecticut State Convention at New Haven, on November 14, and also the lecturer at the Delaware State Convention at Wilmington, on November 19.

Dr. Soden spoke on the "Principles of Mechanics and Their Application."



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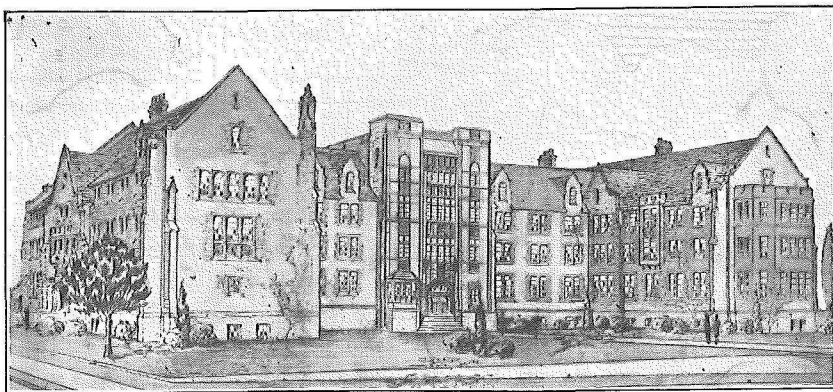
Allie McWilliams, recently appointed Basketball Coach of the College of Osteopathy is a clothing salesman at Jackson & Moyer. Ask for him. He will appreciate it.

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